



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 1	SATURDAY 2
C L O S E D					8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts 6:00 Dance(Diamond Ridge)
3	4	5	6	7	8	9
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro closed 11:00 Gentle Fitness 3:00 Gentle Yoga	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog. 1:00 Barbershoppers 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:00 Focus Group 10:30 Balance For Life 12:00 CARA 12:45 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 10:30 Planning Mtg 12:00 Senior Sports 1:00 Coffee and Conversation	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts
10	11	12	13	14	15	16
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro closed 11:00 Gentle Fitness 3:00 Gentle Yoga	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog. 1:00 Barbershoppers 12:00 Senior Sports 6:00 EVAC	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports 1:00 Coffee and Conversation 1:30 Block Party Mtg. 5 Star Bingo in afternoon	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts Pennies from Heaven Sobeys London Town Square starting at 8:00am
17	18	19	20	21	22	23
C L O S E D	VICTORIA DAY BUILDING CLOSED	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog. Aids To Daily Living Presentation 1:00 Barbershoppers 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 9:00 Computer Class 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports 1:00 Coffee and Conversation	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts
24	25	26	27	28	29	30
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro closed 11:00 Gentle Fitness 3:00 Gentle Yoga	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog. 1:00 Barbershoppers 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Stoney Nakoda Trip 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports 1:00 Coffee and Conversation 4:30 Board Meeting	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts 6:00 Dance (Sylvia Love)

31 Please Note: Some of these activities function only when volunteers are available.

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