



OCTOBER
INFORMER

				THURSDAY 1	FRIDAY 2	Saturday 3
				8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo Karaoke Night in Bistro	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts
SUN	MONDAY 5	TUESDAY 6	WEDNESDAY 7	8	9	10
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro closed No Gentle Yoga 11:00 Gentle Fitness	9:00 Bistro Opens 10:30 Adult Day Prog. 12:00 Senior Sports No Barbershoppers today 1:00 Planning Mtg.	9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts 1:00 CARA	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports 1:00 Coffee and Conversation 5 Star Bingo	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo Karaoke Night in Bistro	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts
11	12	13	14	15	16	17
C L O S E D	HAPPY THANKSGIVING BUILDING CLOSED	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Adult Day Prog. 12:00 Senior Sports 12:30 Barbershoppers	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports 1:00 Coffe and Conversation	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo Karaoke Night in Bistro	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts
18	19	20	21	22	23	24
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro closed 10:30 Gentle Yoga 11:00 Gentle Fitness 12:00Pot Luch lunch 1:30 Movie Day	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Adult Day Prog. 10:00 - 2:00 Medical Supplies Presntation in Auditorium 12:00 Senior Sports 12:30 Barbershoppers	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports 1:00 Coffe and Conversation	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo Karaoke Night in Bistro	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts
25	26	27	28	29	30	31
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro closed 10:30 Gentle Yoga 11:00 Gentle Fitness 1:30 Movie Day	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Adult Day Prog. 12:00 Senior Sports 12:30 Barbershoppers	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports 1:00 Coffe and Conversation	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo Karaoke Night in Bistro	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts Halloween Dance in Bistro 6:00 - 10:30 see Posters around building

Please Note: Some of these activities function only when volunteers are available.