




SUN	MONDAY	TUESDAY	WEDNESDAY 1	THURSDAY 2	FRIDAY 3	SATURDAY 4
			CANADA DAY BUILDING CLOSED	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts
5	6	7	8	9	10	11
	8:30 Wood Shop Opens 9:00 Bistro closed 11:00 Gentle Fitness 8:00AM FREE Pancake Breakfast	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog. Western Heritage Day at the Stampede Grounds 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports 9:15 Grey Eagle Casino 5 Star Bingo in afternoon	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts
12	13	14	15	16	17	18
	8:30 Wood Shop Opens 9:00 Bistro closed 11:00 Gentle Fitness	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog.at Sunridge Mall 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts
19	20	21	22	23	24	25
	8:30 Wood Shop Opens 9:00 Bistro closed 11:00 Gentle Fitness	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog. 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts 2:00 - 4:00 Farewell to Taimi
26	27	28	29	30	31	
	8:30 Wood Shop Opens 9:00 Bistro closed 11:00 Gentle Fitness	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog. 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports 10:00Stoney Nakoda Casino Members: <u>FREE</u> Non Members \$5.00	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	

Please Note: Some of these activities function only when volunteers are available.

SUN 2	MONDAY	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4	Saturday 5
C L O S E D		8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog.  12:00 Senior Sports 12:30 Barbershoppers	8:30 Wood Shop Opens 10:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life  12:45 Fun Darts	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo 6:00 - 9:00 Mime Show	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts
6	7	8	9	10	11	12
C L O S E D	Labor Day Building Cloaed	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog.out today 12:00 Senior Sports 12:30 Barbershoppers	8:30 Wood Shop Opens 10:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts 1:00 CARA	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports 1:00 Coffee and Conversation 5 Star Bingo	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts
13	14	15	16	17	18	19
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro closed 10:30 Gentle Yoga 11:00 Gentle Fitness 12:00 Pot Luck Lunch	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog. 12:00 Senior Sports	8:30 Wood Shop Opens 10:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts 12:00 Tripology Travel Info about Las Vegas
20	21	22	23	24	25	26
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro closed 10:30 Gentle Yoga 11:00 Gentle Fitness	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog. 12:00 Senior Sports 12:30 Barbershoppers	8:30 Wood Shop Opens 10:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports 1:00 Coffe and Conversation	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Next To New Opens 10:00 Walking 12:00 Bingo	12:00 Bistro Opens 12:00 Pool & Shuffleboard 12:45 Fun Darts 9:00 - 4:00 Pre Christmas sale
27	28	29	30			
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro closed 10:30 Gentle Yoga 11:00 Gentle Fitness	8:30 Wood Shop Opens 10:00 Bistro Opens 10:30 Adult Day Prog. 12:00 Senior Sports 12:30 Barbershoppers	8:30 Wood Shop Opens 10:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:45 Fun Darts			



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