

INFORMER



AUGUST  
2010

SUN 1	MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	SATURDAY 7
C L O S E D	HERITAGE DAY BUILDING CLOSED	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Adult Day Prog. 10:30 Next to New 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:15 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens  10:30 Spinz Around 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Walking 10:30 Next To New Opens 11:30 - 12:30 Beauty Products 12:00 Bingo	11:00 Bistro Opens 12:00 Pool & Shuffleboard 12:15 Fun Darts No Cribbage till September BLOCK PARTY
8	9	10	11	12	13	14
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro Open 11:00 Gentle Fitness 11:00 Next to New Open	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Adult Day Prog. 10:30 Next to New 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:15 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 5 Star Bingo 10:30 Spinz Around 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Walking 10:30 Next To New Opens 11:30 - 12:30 Beauty Products 12:00 Bingo 1:45 The Nut Man	11:00 Bistro Opens 12:00 Pool & Shuffleboard 12:15 Fun Darts No Cribbage till September
15	16	17	18	19	20	21
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro Open 11:00 Gentle Fitness 11:00 Next to New Open	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Adult Day Prog. 10:30 Next to New 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:15 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 10:00am Deerfoot Casino 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Walking 10:30 Next To New Opens 11:30 - 12:30 Beauty Products 12:00 Bingo	11:00 Bistro Opens 12:00 Pool & Shuffleboard 12:15 Fun Darts No Cribbage till September 1:00- 4:00 Mayoralty Forum 6:00 - 12:00 Dance
22	23	24	25	26	27	28
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro Open 11:00 Gentle Fitness 11:00 Next to New Open	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Adult Day Prog. 10:30 Next to New 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:15 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Walking 10:30 Next To New Opens 11:30 - 12:30 Beauty Products 12:00 Bingo 1:45 The Nut Man	11:00 Bistro Opens 12:00 Pool & Shuffleboard 12:00 - 8:00 Marathon bingo 12:15 Fun Darts No Cribbage till September
29	30	31				
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro Open 11:00 Gentle Fitness 11:00 Next to New Open	8:30 Wood Shop Opens 9:00 Bistro Opens 9:00- 4:00 Club Picnic William Watson Lodge 12:00 Senior Sports				

Please Note: Some of these activities function only when volunteers are available.