




| SUN | MONDAY 1 | TUESDAY 2 | WEDNESDAY 3 | THURSDAY 4 | FRIDAY 5 | SATURDAY 6 |
|-----|-------------------------------------|----------------------------------|--|---|-------------------------|--|
| C | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 9:00 Boot Camp |
| L | 9:00 - 4:00 Bistro Open | 9:00 Bistro Opens | 9:00 Bistro Opens | 9:00 Bistro Opens | 9:00 Bistro Opens | 11:00 Bistro Opens |
| O | 10:30Gentle Yoga | 10:30 Adult Day Prog. | 10:00 Next To New Opens | 10:30 Next To New Opens | 10:30 Next To New Opens | 12:00 Pool & Shuffleboard |
| S | 11:00 Gentle Fitness | 10:30 Next to New | 9:30 Nia Classes Cancelled | 10:30 Spinz Around | 10:00 Walking | 12:15 Fun Darts |
| E | 10:30 Next to New Open | 12:00 Senior Sports | 10:30 Bal for Life Cancelled | 12:00 Senior Sports | 12:00 Bingo | 1:00 Cribbage (Library) |
| D | 12:15 Fun Darts | 12:30 Barbershoppers | 11:30 Lunch With Friends | 1:00 Fashion Show Meeting | 5:00 Karaoke in Bistro | |
| | | 1:30 Special Membership Mtg. | 12:15 Fun Darts | 1:00 Transit Open House | | |
| | | | 1:00 CARA | 6:30 Art Classes | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| C | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 9:00 Boot Camp (cancelled) |
| L | 9:00 - 4:00 Bistro Open | 9:00 Bistro Opens | 9:00 Bistro Opens | 9:00 Bistro Opens | 9:00 Bistro Opens | 11:00 Bistro Opens |
| O | 10:30Gentle Yoga | 10:30 Adult Day Prog. | 9:30 Nia Classes | 10:30 Next To New Opens | 10:30 Next To New Opens | 12:00 Pool & Shuffleboard |
| S | 11:00 Gentle Fitness | 10:30 Next to New | 10:00 Next To New Opens | 10:30 Spinz Around | 10:00 Walking | 12:15 Fun Darts |
| E | 10:30 Next to New Open | 12:00 Senior Sports | 10:30 Balance For Life | 12:00 Senior Sports | 12:00 Bingo | 1:00 Cribbage (Library) |
| D | 12:15 Fun Darts | 12:30 Barbershoppers | 12:15 Fun Darts | 5 Star Bingo | 1:45 Nut Man | 12:00 Marathon bingo see office for tickets |
| | | | | 6:30 Art Classes | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| C | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 8:30 Wood Shop Opens | 9:00 Boot Camp |
| L | 9:00 - 4:00 Bistro Open | 9:00 Bistro Opens | 9:00 Bistro Opens | 9:00 Bistro Opens | 9:00 Bistro Opens | 11:00 Bistro Opens |
| O | 10:30Gentle Yoga | 10:30 Adult Day Prog. | 9:30 Nia Classes | 10:30 Next To New Opens | 10:30 Next To New Opens | 12:00 Pool & Shuffleboard |
| S | 11:00 Gentle Fitness | 10:30 Next to New | 10:00 Next To New Opens | 10:30 Spinz Around | 10:00 Walking | 12:15 Fun Darts |
| E | 10:30 Next to New Open | 12:00 Senior Sports | 10:30 Balance For Life | 12:00 Senior Sports | 12:00 Bingo | 1:00 Cribbage (Library) |
| D | 12:15 Fun Darts | 12:30 Barbershoppers | 12:15 Fun Darts | 6:30 Art Classes | | |
| | | | 5:00 St Patrick's Day Pig and Whistle in Bistro | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
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| L | 9:00 - 4:00 Bistro Open | 9:00 Bistro Opens | 9:00 Bistro Opens | 9:00 Bistro Opens | 9:00 Bistro Opens | 11:00 Bistro Opens |
| O | 10:30Gentle Yoga | 10:30 Adult Day Prog. | 9:30 Nia Classes | 10:30 Next To New Opens | 10:30 Next To New Opens | 12:00 Pool & Shuffleboard |
| S | 11:00 Gentle Fitness | 10:30 Next to New | 10:00 Next To New Opens | 10:30 Spinz Around | 10:00 Walking | 12:15 Fun Darts |
| E | 10:30 Next to New Open | 12:00 Senior Sports | 10:30 Balance For Life | 12:00 Senior Sports | 12:00 Bingo | 1:00 Cribbage (Library) |
| D | 12:15 Fun Darts | 12:30 Barbershoppers | 12:15 Fun Darts | 9:30 Deerfoot Inn Casino Trip | 1:45 Nut Man | 1:00 Fashion Show In Bistro |
| | | 10:00 Tax Clinic (must Register) | | 6:30 Art Classes | | |
| 28 | 29 | 30 | 31 | <p>Please Note: Some of these activities function only when volunteers are available.</p>  <p>Don't forget to wear your green on the 17th of March</p> | | |
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| L | 9:00 - 4:00 Bistro Open | 9:00 Bistro Opens | 9:00 Bistro Opens | | | |
| O | 10:30Gentle Yoga | 10:30 Adult Day Prog. | 9:30 Nia Classes | | | |
| S | 11:00 Gentle Fitness | 10:30 Next to New | 10:00 Next To New Opens | | | |
| E | 10:30 Next to New Open | 12:00 Senior Sports | 10:30 Balance For Life | | | |
| D | 10:00 Tax Clinic (must register) | 12:30 Barbershoppers | 12:15 Fun Darts | | | |