

THE GOLDEN AGE CLUB  
September Informer

		WEDNESDAY 1	THURSDAY 2	FRIDAY 3	SATURDAY 4	
		8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:15 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Walking 10:30 Next To New Opens 11:30 - 12:30 Beauty Products 12:00 Bingo	11:00 Bistro Opens 12:00 Pool & Shuffleboard 12:15 Fun Darts 1:00 Cribbage	
SUN	MONDAY 6	TUESDAY 7	8	9	10	11
C L O S E D	Happy Labor Day  Building Closed	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Adult Day Prog. 10:30 Diabetes Information Session 10:30 Next to New 1:00 Barbershoppers Chorus 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:15 Fun Darts <b>12:00 CARA</b>	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:00 5 Star Bingo 10:30 Spinz Around 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Walking 10:30 Next To New Opens 11:30 - 12:30 Beauty Products 12:00 Bingo  1:45 The Nut Man	11:00 Bistro Opens 12:00 Pool & Shuffleboard 12:15 Fun Darts 1:00 Cribbage
12	13	14	15	16	17	18
C L O S E D	8:30 Wood Shop Opens 9:00 Bistro Open 11:00 Gentle Fitness	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Adult Day Prog. 10:30 Diabetes Information Session 10:30 Next to New 1:00 Barbershoppers Chorus 12:00 Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Next To New Opens 10:30 Balance For Life 12:15 Fun Darts	8:30 Wood Shop Opens 9:00 Bistro Opens 10:30 Next To New Opens 10:30 Spinz Around 9:00am Deerfoot Casino 10:00 Board Meeting 12: Senior Sports	8:30 Wood Shop Opens 9:00 Bistro Opens 10:00 Walking 10:30 Next To New Opens 11:30 - 12:30 Beauty Products 12:00 Bingo	11:00 Bistro Opens 12:00 Pool & Shuffleboard 12:15 Fun Darts 1:00 Cribbage
19	20	21	22	23	24	25
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26	27	28	29	30		
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Please Note: Some of these activities function only when volunteers are available.